

## YOU ARE LADY CHARTERIS OF KINFAUNS CASTLE

In the 1500s Lady Charteris was married, with children, and lived in Kinfauns castle near Perth. As the lady of the home, it was her charge to oversee the physical and medical wellbeing of her staff and local families, as physicians did not live anywhere nearby. She would have compiled an extensive recipe book with a series of recipes to cure some medical ailments. These would be written on the same page as the secret to cooking excellent pies, and the best method to rid the home of rats. Because of her access to rare medical ingredients, she would be called upon by local families to take care of their medical needs. She would have access to a well-tended garden and transportation to more populated towns by horse and carriage.



## YOU ARE A PHYSICIAN IN EDINBURGH, SCOTLAND

It is 2020 and a physician is expected to be well educated and experienced by the time they start their practice in earnest. A physician is supported by experienced colleagues such as nurses, surgeons, dentists, and pharmacists. Long-gone are the days when a physician grew their own plants and made them into medicines. Physicians conduct examinations, order blood tests, and interpret various scans to gather evidence and determine what is ailing their patients.



## YOU ARE A QUACK

Curing someone of their illness is not really your goal. Your goal is to make money. You do this by making concoctions that appear to be medical but are likely rather useless. Luckily, you live in the 1800s, when medical innovation is still being refined. So, there is a bit of mistrust between the public and physicians. That's where you come in! You use the art of persuasion to convince the public that your "medicine" will cure almost anything that would make them sick, take their money, and leave just as quickly as you came. You do not spend time gathering evidence on whether your "medicine" is successful, or helpful. If you could not find the ingredients you need to make your concoction, you will probably just find a cheaper material that is in abundance nearby. You are even interested in the idea of miracle cures. Your best trick is to repackage everyday items, so they appear to be mystical. You do this with water... a lot.



## YOU ARE THE APOTHECARY THOMAS TRAQUAIR

Living in the 1600s meant that you were the main source of materials that physicians, and others, used to create medicine. You would be in charge of maintaining a consistent supply of herbs, roots, flowers, powders, minerals, oils and animal parts. You would keep a continual garden full of herbs and vegetables. You would also be in contact with suppliers from around the world in order to receive more exotic materials such as peruvian bark and cinnabar. You would also be in charge of using those materials to make compounds and medicines of your own. You would grind, boil mix and distill ingredients in to compound powders, oil tinctures, tablets, and drinks.

